# VisionPro Nutrients<sup>†</sup> (without zinc)

# Multivitamin/mineral formula with added support for healthy vision<sup>†</sup>

## **INDICATIONS**

- Ages 18 and up
- Overall wellness support<sup>†</sup>
- Healthy vision and eye integrity support<sup>†</sup>

## **BENEFITS**

- Promotes overall wellness<sup>‡</sup>
- Supports eye integrity, including macular and retinal health<sup>†</sup>
- Provides healthy tear production and night vision<sup>†</sup>

#### **FEATURES**

- A comprehensive profile of highly bioavailable vitamins, fully chelated minerals and antioxidants
- Zinc-free formula
- Provides Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate
- Convenient three-capsule-per-day dosing
- Made with high-quality vegetarian ingredients backed by verifiable science

#### **VERIFIABLE SCIENCE**

VisionPro Nutrients<sup>†</sup> is a gentle formula providing a comprehensive profile of highly bioavailable vitamins, fully chelated minerals and antioxidants to support eye integrity, healthy visual function and overall health. The importance of nutrients for eye health has been particularly evident since the publication of a long-term multicenter, prospective study involving more than 5,000 individuals ages 55-80. The study revealed that high amounts of vitamin C, vitamin E, zinc and copper support the health of the retina and macula.<sup>2,3</sup> Additional research suggests that optimal vitamin D levels may also promote macular health.4 Contains 750 mcg (2,500 IU) of vitamin A per serving to support night vision and healthy tear production.<sup>5</sup> Provides Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate.<sup>6</sup> Helps maintain macular and retinal health with 10 mg lutein, 2 mg zeaxanthin and 1 mg lycopene per serving.<sup>7</sup> Supports visual function and healthy photoreceptor activity with taurine, alpha lipoic acid and resveratrol.8,9,10

#### SUGGESTED USE

As a dietary supplement, take 3 capsules daily, with a meal.

#### **STORAGE**

Store in a cool, dry place.

#### **WARNING**

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

### **SOURCE**

- Vitamin A: synthetic
- Vitamin C: corn dextrose fermentation
- Ascorbyl palmitate: corn dextrose fermentation and palm oil
- Vitamin D<sub>3</sub>: cholesterol from wool fat (lanolin)
- Vitamin E: soybean oil
- Vitamin B<sub>1</sub> (thiamin HCl): synthetic
- Vitamin B<sub>2</sub> (riboflavin): corn dextrose fermentation
- Niacinamide and Niacin: synthetic
- Vitamin B<sub>5</sub> (calcium pantothenate): synthetic
- Vitamin B<sub>6</sub> (pyridoxal HCl): synthetic
- Vitamin B<sub>12</sub> (methylcobalamin): corn dextrose fermentation
- Folate (Metafolin®, L-5-MTHF): synthetic
- Biotin: synthetic
- Lycopene: natural tomato concentrate
- Lutein: marigold flower extract
- Zeaxanthin: synthetic
- Alpha lipoic acid: synthetic
- Taurine: synthetic
- Resveratrol: synthetic
- Minerals: naturally derived from elemental ore

Sources of the mineral chelates include:

- Citrate: corn dextrose fermentation
- Glycinate: synthetic



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## **NOTES**

Size 00 caps

Bottle count 90

Order code VPN9

Bottle size 290 cc

#### REFERENCES

- 1. Seddon JM, et al. JAMA. 1994 Nov 9;272(18):1413-20.
- 2. Age-Related Eye Disease Study Research Group. Potential public health impact of Age-Related Eye Disease Study results: AREDS report no. 11. Arch Ophthalmol. 2003 Nov;121(11):1621-4.
- 3. van Rooij I, et al. Br J Ophthalmol. 1999 Nov;83(11):1277-82.
- 4. Burton JM, et al. Mult Scler. 2016 Apr 1. pii: 1352458516642315. [Epub ahead of print]
- 5. Kim EC, et al. Am J Ophthalmol. 2009 Feb;147(2):206-213.e3.
- 6. Lamers Y, et al. Am J Clin Nutr. 2006 Jul;84(1):156-61.
- 7. Rodriguez-Carmona M, et al. Ophthalmic Physiol Opt. 2006 Mar;26(2):137-47.
- 8. Pasantes-Morales H, et al. Metab Brain Dis. 2002 Sep;17(3):183-97.
- 9. Sun YD, et al. Ann Nutr Metab. 2012;60(4):293-
- 10. Nagineni CN, et al. Aging Dis. 2014 Apr 1;5(2):88-100.

# SUPPLEMENT FACTS

3 capsules daily, with a meal.

Three (size 00) vegetarian capsules contain:

Vitamin A (as vitamin A acetate)	750 mcg
Vitamin C (as ascorbic acid)	500 mg
Vitamin D (as cholecalciferol) (D₃)	25 mcg (1,000 IU)
Vitamin E (as d-alpha tocopherol succinate)	268 mg
Thiamin (as thiamin HCI) (B <sub>1</sub> )	5 mg
Riboflavin (as vitamin $B_2$ and 40% riboflavin 5' phosphate (activated $B_2$ ))	4.2 mg
Niacin (as niacinamide)	20 mg
Vitamin $B_6$ (as pyridoxine HCl and 40% pyridoxal 5' phosphate (activated $B_6$ ))	8.3 mg
Folate (as Metafolin®, L-5-MTHF) 667 mcg DFE (40	0 mcg L-5-MTHF)
Vitamin B <sub>12</sub> (as methylcobalamin)	200 mcg
Biotin	300 mcg
Pantothenic acid (as calcium pantothenate) (B <sub>5</sub> )	25 mg
lodine (as potassium iodide)	150 mcg
Selenium (as selenomethionine)	75 mcg
Copper (as copper glycinate)	2 mg
Manganese (as manganese citrate)	2.5 mg
Chromium (as chromium polynicotinate)	120 mcg
Molybdenum (as TRAACS® molybdenum glycinate che	late) 75 mcg
Boron (as boron glycinate)	1 mg
Vanadium (as bis-glycinato oxo vanadium)	50 mcg
EyeProtect Complex‡	
Alpha lipoic acid	50 mg
Taurine	50 mg
resVida® resveratrol (as trans-resveratrol)	25 mg
MacularSynergy Complex <sup>‡</sup>	
FloaGLO® lutein	10 mg
Zeaxanthin	2 mg
Lycopene	1 mg
Other ingredients: hypoallergenic plant fiber (cellulose),	, vegetarian
capsule (cellulose, water), ascorbal palmitate	

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

\*FloraGLO is a registered trademark of Kemin Industries, Inc

Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

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VisionPro Nutrients'	Quantity	Order Code	
	90	VPN9	

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