

# Vitamin C Gummy

Antioxidant, immune, and vascular support<sup>†</sup>

## INDICATIONS

- Ages 4 and up
- Offers broad physiological support, including antioxidant, immune, and vascular support<sup>†</sup>

## BENEFITS

- Offers broad physiological support, including antioxidant, immune, and vascular function<sup>†</sup>

## FEATURES

- Great-tasting natural sour-orange flavor
- Enhanced with organic berry/fruit blend
- Naturally flavored and lightly sweetened with prebiotic fiber isomalto-oligosaccharides, cane sugar, and stevia

## VERIFIABLE SCIENCE

Vitamin C offers a wide range of support for the human body, including acting as one of the most potent dietary antioxidants and providing nutritional support to all physiological functions.<sup>1</sup> Vitamin C may provide protection from reactive oxygen species released as part of a normal immune response. It maintains healthy mast cell function and supports lymphocyte formation.<sup>2-4</sup> It also supports the body's defense system by enhancing white blood cell function and activity, and increasing interferon levels, antibody responses, and secretion of thymic hormones.<sup>5-7†</sup>

## SUGGESTED USE

As a dietary supplement, take 2 gummies, 1-2 times daily, with meals.

## STORAGE

Store in a cool, dry place.

## WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

## NOTES

Berry-shape gummy

Bottle count 100

Order code VCG1

Bottle size 300 cc

Gluten-free (not-certified)

Hypoallergenic

Vegan/Vegetarian

Non-GMO<sup>†</sup>

## REFERENCES

1. Carr A, Frei B. *Am J Clin Nutr.* 1999;69:1086–107.
2. Romero SA, et al. *Exp Physiol.* 2015 Apr 1;100(4):435-49.
3. Johnston CS, Solomon RE, Corte C. *J Am Coll Nutr.* 1996 Dec;15(6):586-91.
4. Lenton KJ, et al. *Am J Clin Nutr.* 2003 Jan;77(1):189-95.
5. Sasazuki S, et al. *Eur J Clin Nutr.* 2006 Jan;60(1):9-17.
6. Wintergerst ES, Maggini S, Hornig DH. *Ann Nutr Metab.* 2006;50(2):85-94.
7. Johnston CS, Barkyoumb GM, Schumacher SS. *Nutrients.* 2014 Jul 9;6(7):2572-83.

## SUPPLEMENT FACTS

Children age 3, take 2 gummies daily, with a meal.  
Adults and children ages 4 and up, take 2 gummies,  
1-2 times daily, with meals.

Two gummies (4.4 g) contains

Calories	5
Total carbohydrate	3 g
Total sugars	<1 g
Includes <1g of added sugars	
Vitamin C (as ascorbic acid)	250 mg
Sodium	10 mg
Berry/Fruit blend	50 mg
cranberry fruit, strawberry fruit (organic), raspberry fruit (organic), blueberry fruit (organic), tart cherry fruit (organic), pomegranate fruit (organic)	

Other ingredients: isomalto-oligosaccharides, purified water, organic cane sugar, pectin, orange essential oil, sodium citrate, organic stevia leaf extract, coating (organic sunflower oil, carnauba wax)



Vitamin C Gummy	Quantity	Order Code
	100	VCG1

<sup>†</sup>Visit [PureEncapsulations.com](http://PureEncapsulations.com) for more information about our GMO policy