



— Your Trusted Source —

PS Plus

Introduced 2010



What Is It?

Phosphatidylserine is a phospholipid found in all cells, but is most concentrated in brain cells. PS Plus combines soy-free phosphatidylserine with a proprietary fruit and vegetable antioxidant complex for healthy memory, mental processing and overall cognitive function in the elderly as well as young adults.*

Uses For PS Plus

Cognitive Support: Phosphatidylserine (PS) is the most abundant phospholipid in the brain. It supports brain neuron membrane fluidity, signal transduction and cell-to-cell communication for healthy neurocognitive function. PS encourages the activities of acetylcholine, norepinephrine, serotonin, and dopamine in the brain. As such, it provides broad range support for normal age-associated memory decline in the elderly as well as support for overall learning, recall and processing capacity. These effects on cognitive performance have also been observed in young adults and students. The efficacy of Sharp-PS® on enhancing mental capabilities in elderly persons with mild, age-related memory loss was explored in an open label study. The results suggest support for memory recognition, memory recall, verbal recognition and verbal recall. PhytoMemory proprietary blend provides a powerful antioxidant and phytochemical complex from blueberry, strawberry and spinach. These fruit and vegetable extracts have been shown in studies to support healthy dopamine activity, GABA release, receptor function and neuronal signal transduction in addition to protecting the central nervous system from oxidative stress associated with aging.*

What Is The Source?

Phosphatidylserine is derived from sunflower lecithin. Wild blueberry extract is derived from *Vaccinium angustifolium* fruit. Strawberry extract is derived from *Fragaria vesca* var. *Orleans*. Spinach extract is derived from *Spinacia oleracea* leaf. Hypo-allergenic plant fiber is derived from pine cellulose. Maltodextrin is derived from corn.

Recommendations

Pure Encapsulations recommends 1–2 capsules daily, with meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Phosphatidylserine has been associated with G.I. upset or insomnia in some sensitive individuals. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Individuals on cholinergic or acetylcholinesterase medications may require monitoring. Consult your physician for more information.

PS Plus

one vegetarian capsule contains  V 00

Sharp-PS® GREEN phosphatidylserine (from sunflower lecithin) (soy-free)	150 mg
PhytoMemory proprietary blend providing wild blueberry extract (<i>vaccinium angustifolium</i>) extract (fruit), Orléans strawberry (<i>fragaria vesca</i> var. <i>Orléans</i>) extract (fruit), and spinach (<i>spinacia oleracea</i>) extract (leaf)	150 mg
ascorbyl palmitate (fat-soluble vitamin C)	20 mg
other ingredients: hypo-allergenic plant fiber (cellulose), maltodextrin, silicon dioxide, tricalcium phosphate, vegetarian capsule (cellulose, water)	
1–2 capsules daily, with meals.	



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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.