



# Probiotic 50B

Introduced 2011

#### What Is It?

Probiotic 50B provides 50 billion CFU per serving of the beneficial bacteria Lactobacillus acidophilus, Lactobacillus rhamnosus, Lactobacillus plantarum, Bifidobacterium longum and Bifidobacterium lactis. This formula is offered in acid-resistant capsules with pH targeted release for maximal probiotic viability. This blend of lactobacilli and bifidobacteria is designed to promote healthy intestinal ecology to support gastrointestinal and immune health.\*

#### Uses For Probiotic 50B

G.I. Health: Probiotics have been shown to promote healthy cytokine production in the colon and maintain healthy G.I. barrier function, in part by supporting intestinal epithelial integrity. Several trials have also revealed that mixed probiotic supplementation helps maintain intestinal flora, support healthy yeast balance, and promote G.I. comfort.\*

Immune Cell Function: Clinical studies indicate that Lactobacilli and Bifidobacteria supplementation supports healthy immune response and cytokine balance. Probiotics may enhance B cell, T cell and NK cell function, phagocytic capacity and activity, and healthy cytokine production.\*

#### 100 90 80 70 ph 1.2 stage 60 ph 6.8 stage 50 40 30 20

Disintegration in Simulated Gastric and Simulated Intestinal Fluids

## Ingredient Dissolved 10 % 210 240

Time (minutes)

Percentage of ingredient released in simulated gastric fluids and intestinal fluids.<sup>†</sup> After two hours in pH 1.2 simlated gastric fluids, less than 20% of capsule contents were released. After 45 minutes in pH 6.8 simulated intestinal fluids, more than 80% of capsule contents had dissolved.

#### **Special Features**

Probiotic 50B is offered in acid-resistant capsules with pH targeted release. These capsules are designed to resist disintegration in an acidic environment (i.e. stomach) and dissolve in more alkaline environments (i.e. small and large intestine). This technology helps to protect the organisms from stomach acid, delivering the maximal viable organisms to the G.I. tract.

### What Is The Source?

Lactobacillus plantarum (Lp-115), Lactobacillus acidophilus (La-14), Lactobacillus rhamnosus (Lr-32). Bifidobacterium lactis (BI-04) and Bifidobacterium longum (BI-05) are grown on a dairy-free, soy-free medium. Pure Encapsulations® probiotic products contain a unique form of rice starch produced through a natural enzymatic process. This proprietary starch has been extensively tested and is added to protect the viability of the probiotic organisms. Gellan gum is derived from Pseudomonas elodea.

#### Recommendations

Pure Encapsulations<sup>®</sup> recommends 1 capsule daily, with or between meals

#### Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Probiotics may result in mild flatulence, which should subside with continued use. They may be contraindicated for use with immuno-compromised individuals. Consult your physician for more information.

### Are There Any Potential Drug Interactions?

Probiotics may be contraindicated with immunosuppressant medications. Consult your health professional for more information.

(continued)

<sup>†</sup>This test was performed under a specific protocol which is available upon request.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease 800-753-2277 | PureEncapsulations.com The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems 1000-111-REVA

1 capsule daily, with or between meals.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease 800-753-2277 | PureEncapsulations.com The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems. 1000-111-REVA