## Peptic-Care<sup>\*</sup> (Zinc-L-Carnosine)

Supports gastric health and comfort<sup>\*</sup>

## **INDICATIONS**

- Ages 18 and up
- Overall gastric health and comfort support<sup>‡</sup>

#### BENEFITS

- Provides antioxidant support for the G.I. tract<sup>\*</sup>
- Patented, 1:1 chelate of zinc and l-carnosine provides synergistic G.I. mucosal protection<sup>+</sup>
- Supports the stomach's mucosal defenses, buffers gastric acid and maintains healthy cytokine release<sup>†</sup>

### **FEATURES**

- Patented 1:1 chelate of zinc and I-carnosine
- Part of the PureGI™ product line
- Made with high-quality vegan ingredients backed by verifiable science

## **VERIFIABLE SCIENCE**

This patented, 1:1 chelate of zinc and I-carnosine provides a unique configuration that accounts for this compound's unique functions in the G.I. tract. Zinc-carnosine has a slow disassociation rate and adheres to the stomach lining, allowing for prolonged protection.<sup>1</sup> Once dissociated, zinc and carnosine provide synergistic antioxidant protection, support the stomach's mucosal defenses, buffer gastric acid and maintain healthy cytokine release.<sup>2</sup> Studies suggest that this combination is more effective in maintaining the integrity of the gastric lining than either ingredient alone.<sup>3</sup> One Japanese multi-center, double-blind study involving 299 subjects reported improvements in objective and subjective parameters of normal gastric health and repair, especially after 8 weeks of daily supplementation.<sup>4</sup> Seven additional clinical evaluations involving over 550 volunteers reported similar results. In vitro and in vivo studies show that zinc-carnosine supports cellular repair in the intestine by maintaining healthy cell reproduction and villous function.<sup>5</sup> In a double-blind, randomized, crossover trial, zinc-carnosine maintained healthy gut barrier function.<sup>6</sup> Extensively studied and utilized in Japan, this zinc-carnosine combination has an excellent safety profile.<sup>‡</sup>

#### SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

### STORAGE

Store in a cool, dry place.

#### WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

#### SOURCE

- Zinc is derived from earthen ore
- I-Carnosine is synthetic
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Hypoallergenic plant fiber is derived from pine cellulose

## NOTES

Size 3 caps Bottle count 60 Order code PCZ6 Bottle size 75 cc

## REFERENCES

- 1. Arakawa T, et al. Dig Dis Sci. 1990 May;35(5):559-66.
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- 3. Sakae K, et al. Nutr Clin Pract. 2013 Oct;28(5):609-16.
- 4. Miyoshi A, et al. Jpn Pharmacol Ther. 1992. 20;20(1):199–223.
- 5. Watanabe S, et al. Aliment Pharmacol Ther. 1998 Nov;12(11):1131-8.
- 6. Mahmood A, et al. Gut. 2007 Feb;56(2):168-75.



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## SUPPLEMENT FACTS

#### 1 capsule, 1-2 times daily, with meals.

 Each (size 3) vegetarian capsule contains:

 Zinc (from 75 mg zinc-l-carnosine complex)
 16 mg

 Carnosine (from 75 mg zinc-l-carnosine complex)
 58 mg

 Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian
 capsule (cellulose, water), ascorbyl palmitate



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60 PCZ6

Visit PureEncapsulationsPro.com for more information about our GMO policy.

<sup>‡</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. 800.753.2277 | PureEncapsulationsPro.com ©2021 Pure Encapsulations, LLC. All Rights Reserved.

