

OptiFerin-C

Supports red blood cell function and energy production[†]

INDICATIONS

- Ages 18 and up
- Red blood cell and energy support[†]

BENEFITS

- Supports red blood cells to help effectively transport oxygen in the body[†]
- Promotes healthy ferritin levels to maintain energy and well-being[†]

FEATURES

- Unique patented chemistry for enhanced iron utilization
- Small capsules for easy swallowing
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

OptiFerin-C is an iron-based supplement formulated to support red blood cells in order to help effectively transport oxygen in the body. Ferrochel[®] brand iron bis-glycinate was developed using unique patented chemistry, allowing it to be absorbed rapidly from the lumen of the intestine into mucosal cells and then released for transport throughout the body. The intestinal mucosal tissue tightly controls the release of Ferrochel[®], supporting the safety profile of this iron amino acid chelate.¹ In a double-blind, randomized, placebo-controlled trial, iron supplementation supported healthy ferritin levels, energy and well-being in female subjects.² Research emphasizes the importance of maintaining healthy serum ferritin for optimal performance, particularly in elite female athletes.³ This formula includes buffered vitamin C (as calcium ascorbate) to help enhance the absorption of iron.^{4†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-3 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

SOURCE

- Ferrochel[®] brand iron bis-glycinate is developed using unique patented chemistry, allowing it to be absorbed rapidly from the lumen of the intestines into mucosal cells and then released for transport throughout the body. The intestinal mucosal tissue tightly controls the release of Ferrochel[®], supporting the safety profile of this iron amino acid chelate.
- Ester-C[®] calcium ascorbate is manufactured from ascorbic acid and calcium carbonate. The calcium carbonate is mined domestically. The ascorbic acid is derived from corn fermentation.

NOTES

Size 2 caps

Bottle count 60

Order code OF26

Bottle size 120 cc

REFERENCES

1. Ashmead HD. *Arch Latinoam Nutr.* 2001 Mar;51(1 Suppl 1):13-21.
2. Coplin M, et al. *Clin Ther.* 1991 Sep-Oct;13(5):606-12.
3. DellaValle DM, et al. *Med Sci Sports Exerc.* 2014 Jun;46(6):1204-15.
4. Hunt JR, et al. *Am J Clin Nutr.* 1990. 51(4); 649-655.

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SUPPLEMENT FACTS

1 capsule, 1-3 times daily, with meals.

Each (size 2) vegetarian capsule contains:

Vitamin C (from calcium ascorbate)	100 mg
Calcium (from calcium ascorbate)	11 mg
Iron (as iron bis-glycinate)	28 mg

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate, hypoallergenic plant fiber (cellulose)

Ferrochel is a registered trademark of Albion Laboratories, Inc. Covered by U.S. Patent 7,838,042.

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OptiFerin-C	Quantity	Order Code
	60	OF26

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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