# NSK-SD® (Nattokinase) 100 mg

# Supports healthy fibrinolytic activity and blood flow

# **INDICATIONS**

- Ages 18 and up
- Healthy fibrinolytic, blood flow and clotting support<sup>†</sup>

### **BENEFITS**

- Helps maintain the body's natural fibrinolytic processes<sup>†</sup>
- Promotes healthy blood flow<sup>‡</sup>
- Supports healthy clotting function<sup>†</sup>

#### **FEATURES**

- Based on traditional Japanese practices
- Small capsules for easy swallowing
- Made with vegan ingredients

#### **VERIFIABLE SCIENCE**

Nattokinase, a fibrinolytic enyzme isolated from Japanese natto, helps to maintain healthy activity of the body's natural clotting and fibrinolytic processes. In an animal study conducted by Biotechnology Research Laboratories and JCR Pharmaceuticals of Kobe, Japan, nattokinase promoted healthy blood flow.<sup>2</sup> Furthermore, researchers from JCR Pharmaceuticals, Oklahoma State University and Miyazaki Medical College indicated that nattokinase supports healthy clotting function compared to placebo.3 In 1995, scientists at the Miyazaki Medical College and Kurashiki University in Japan demonstrated the potential for nattokinase to support blood vessel health in human subjects.4 This product is contraindicated for individuals with a history of bleeding tendency or with conditions associated with bleeding. Due to potential synergistic effects, concurrent use with anticoagulant and blood pressure medications should be closely supervised by a health professional.<sup>‡</sup>

# **SUGGESTED USE**

As a dietary supplement, take 1 capsule 2 times daily, 12 hours apart, with or between meals.

### **STORAGE**

Store in a cool, dry place.

#### **WARNING**

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

#### **SOURCE**

 Natto is produced by a fermentation process when Bacillus natto (also known as Bacillus subtilis natto) is added to boiled soybeans.
 Nattokinase, a fibrinolytic enzyme, is isolated from natto. NSK-SD® is a registered trademark of Japan Bio Science Laboratories

#### **NOTES**

Size 2 caps

Bottle count 60, 120

Order codes NS16. NS11

Bottle size 75 cc, 120 cc

#### **REFERENCES**

- Urano T, et al. J Biol Chem. 2001 Jul 6;276(27):24690-6.
- 2. Fujita M, et al. Biol Pharm Bull. 1995 Oct;18(10):1387-91.
- 3. Sumi H, et al. Experientia. 1987 Oct 15;43(10):1110-1.
- 4. Maruyama M, et al. Basic and Clinical Aspects of Japanese Traditional Food Natto. 1998;1-3.

# SUPPLEMENT FACTS

1 capsule, 2 times daily, 12 hours apart, with or between meals. Each (size 2) vegetarian capsule contains:

NSK-SD® nattokinase (2,000 FU) (soy) 100 mg
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water), ascorbyl palmitate

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#### Contains soy

Not to be taken by pregnant or lactating women.







NSK-SD® 100 mg	Quantity	Order Code
	120	NS11
	60	NS16

Visit PureEncapsulationsPro.com for more information about our GMO policy.

