

# Mineral 650®

Chelated-mineral formula; comprehensive mineral support for daily wellness<sup>†</sup>

## INDICATIONS

- Ages 18 and up
- Daily wellness support<sup>†</sup>

## BENEFITS

- Promotes optimal nutrient utilization<sup>†</sup>
- Supports optimal physiologic function<sup>†</sup>

## FEATURES

- Highly bioavailable mineral formula
- Available with and without copper and iron
- Made with high-quality vegan ingredients backed by verifiable science

## VERIFIABLE SCIENCE

This is a highly absorbable, balanced combination of chelated minerals. By providing minerals in a controlled ratio, this formula prevents minerals from competing with each other for absorption in the digestive tract.<sup>1†</sup>

## SUGGESTED USE

As a dietary supplement, take 3 capsules, 1-2 times daily, with meals.

## STORAGE

Store in a cool, dry place.

## WARNING

Mineral 650:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Mineral 650 without copper and iron:

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## SOURCE

- Minerals are derived from earthen ore
- Iodide is derived from salt brine
- Citrate is derived from corn dextrose fermentation
- Aspartate, glycinate, methionine, polynicotinate and picolinate are synthetic
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil

## NOTES

Size X caps

Bottle count 180

Order codes MF1; MM1 (without copper & iron)

Bottle size 290 cc

## REFERENCES

1. Rude RK. *Am J Cardiol.* 1989 Apr 18;63(14):31G-34G.

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## SUPPLEMENT FACTS

3 capsules, 1-2 times daily, with meals.

Three (size 0) vegetarian capsules contain:

Calcium (as calcium citrate)	150 mg
Iron (as iron glycinate)	5 mg
Iodine (as potassium iodide)	50 mcg
Magnesium (as magnesium citrate)	125 mg
Zinc (as zinc picolinate)	12.5 mg
Selenium (as selenomethionine)	100 mcg
Copper (as copper glycinate)	1 mg
Manganese (as manganese aspartate)	2.5 mg
Chromium (as chromium polynicotinate)	100 mcg
Molybdenum (as molybdenum aspartate)	50 mcg
Potassium (as potassium aspartate)	49 mg
Boron (as boron glycinate)	1 mg
Vanadium (as vanadium aspartate)	50 mcg
Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate	

ChromeMate® brand niacin-bound chromium. ChromeMate® & logo are trademarks of Lonza or its affiliates.

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