# Junior Nutrients

### Comprehensive multivitamin/mineral blend, without iron, for children and teens<sup>‡</sup>

### **INDICATIONS**

- Teens and children ages 4 and up
- Daily wellness support<sup>\*</sup>

#### BENEFITS

- Promotes daily wellness support for teens and children ages 4 and up<sup>t</sup>
- Provides antioxidant support<sup>\*</sup>
- Helps maintain macular and retinal health<sup>‡</sup>

#### **FEATURES**

- Combines mineral cofactors, activated vitamins and antioxidants
- With Metafolin<sup>®</sup> L-5-MTHF, the naturally occurring, universally metabolized form of folate
- Provided in small capsules for easy swallowing
- Made with high-quality vegetarian ingredients backed by verifiable science

### **VERIFIABLE SCIENCE**

Offers vitamins A, B, C, D, E and K in highly bioavailable forms. Provides Metafolin<sup>®</sup> L-5methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate.<sup>1</sup> Vitamin A and mixed carotenoids, providing beta carotene, lycopene, lutein and zeaxanthin for antioxidant protection.<sup>2,3</sup> Helps maintain macular and retinal health with lutein and zeaxanthin.<sup>4+</sup>

#### SUGGESTED USE

Consult a physician for children under the age of 4. Ages 4 to 13, as a dietary supplement, take 2 capsules daily, with a meal. Ages 14 and up, as a dietary supplement, take 2 capsules, twice daily, with meals.

#### STORAGE

Store in a cool, dry place.

#### WARNING

Vitamin K may be contraindicated with Coumadin (Warfarin). If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood-thinning medication, consult your health professional before use.

#### SOURCE

- Mixed carotenoids: Blakeslea trispora
- Lycopene: natural tomato concentrate
- Lutein: marigold flower extract
- Zeaxanthin<sup>†</sup>: synthetic
- Vitamin C: corn dextrose fermentation
- Vitamin D<sub>3</sub>: cholesterol from wool fat (lanolin)
- Vitamin E: highly purified soybean oil
- Vitamin K<sub>1</sub>: synthetic
- Vitamin B1 (thiamine HCI): synthetic
- Vitamin B<sub>2</sub> (riboflavin): corn dextrose fermentation
- Niacinamide: synthetic
- Vitamin B<sub>5</sub> (calcium pantothenate): synthetic
- Vitamin B<sub>6</sub> (pyridoxal HCI): synthetic
- Vitamin B<sub>12</sub> (methylcobalamin): corn dextrose fermentation Folate (Metafolin<sup>®</sup>, L-5-MTHF): synthetic
- Biotin: synthetic
- Minerals: naturally derived from earthen ore
- Sources of the mineral chelates include:
- Citrate: corn dextrose fermentation
- Glycinate: synthetic

### NOTES

Size 2 caps Bottle count 120 Order codes JUN1

Bottle size 190 cc

REFERENCES

- 1. Prinz-Langenohl R, et al. Br J Pharmacol. 2009 Dec; 158(8): 2014-2021.
- 2. Bhargava A. J Nutr. 2016 Jan;146(1):133-41.
- 3. Squali Houssaini FZ, et al. Ann Nutr Metab. 1997;41(3):149-59.
- 4. Hammond BR, et al. Invest Ophthalmol Vis Sci. 2014 Dec 2;55(12):8583-9.



## **Junior Nutrients**

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#### SUPPLEMENT FACTS

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#### Two (size 2) vegetarian capsules contain:

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Vitamin A (as vitamin A acetate and 75% beta carotene)	750 mcg
Vitamin C (as ascorbic acid)	137 mg
Vitamin D (as cholecalciferol) (D <sub>3</sub> ) 10	mcg (400 IU)
Vitamin E (as d-alpha tocopherol succinate)	23 mg
Vitamin K (as vitamin K1)	45 mcg
Thiamin (as thiamin HCI) (B1)	1.5 mg
Riboflavin (as vitamin $B_2$ and 43% riboflavin 5' phosphate (activated $B_2$ ))	1.5 mg
Niacin (as niacinamide)	10 mg
Vitamin B <sub>6</sub> (as pyridoxine HCl and 38% pyridoxal 5' phosph (activated B <sub>6</sub> ))	nate 2 mg
Folate (as Metafolin <sup>®</sup> , L-5-MTHF) 333 mcg DFE (200 mc	g L-5-MTHF)
Vitamin B <sub>12</sub> (as methylcobalamin)	100 mcg
Biotin	150 mcg
Pantothenic acid (as calcium pantothenate) (B₅)	5 mg
Choline (as choline bitartrate)	10 mg
Calcium (as DimaCal® di-calcium malate)	42 mg
lodine (as potassium iodide)	75 mcg
Magnesium (as di-magnesium malate) (Albion®)	42 mg
Zinc (as zinc citrate)	7.5 mg
Selenium (as selenomethionine)	35 mcg
Manganese (as manganese citrate)	1 mg
Chromium (as chromium polynicotinate)	60 mcg
Molybdenum (as TRAACS® molybdenum glycinate chelate)	37.5 mcg
Inositol	25 mg
Proprietary mixed carotenoid blend	246 mcg
FloraGLO® lutein	1.5 mg
Zeaxanthin	250 mcg
Other ingredients: vegetarian capsule (cellulose, water), asco	rbyl palmitate

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Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

<sup>®</sup>FloraGLO is a registered trademark of Kemin Industries, Inc.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Albion<sup>®</sup>, DimaCal<sup>®</sup> and TRAACS<sup>®</sup> are registered trademarks of Albion Laboratories, Inc. U.S. Patent 6,706,904.

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Junior Nutrients	Quantity	Order Code	57
	120	JUN1	

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