

# G.I. Fortify (capsules)

Supports intestinal barrier function and digestive health<sup>†</sup>

## INDICATIONS

- Ages 18 and up
- Healthy G.I. environment support<sup>†</sup>
- Intestinal cellular integrity and support<sup>†</sup>

## BENEFITS

- Supports SCFA production to promote healthy G.I. environment, microflora and colon cell health<sup>†</sup>
- Promotes healthy intestinal cellular integrity and mucosal lining<sup>†</sup>
- Maintains bowel regularity<sup>†</sup>
- L-glutamine provides metabolic energy<sup>†</sup>
- Promotes healthy beta-glucuronidase activity and detoxification<sup>†</sup>

## FEATURES

- Blend of natural fiber, herbs and nutrients
- Part of the PureGI™ product line
- Made with high-quality vegan ingredients backed by verifiable science

## VERIFIABLE SCIENCE

This product is a blend of high-impact fiber, herbs and nutrients, supporting overall gastrointestinal function and occasional constipation. Maintains bowel regularity and supports healthy bowel movement frequency with psyllium and flax.<sup>1,2</sup> Supports short chain fatty acid (SCFA) production to promote a healthy G.I. environment, microflora balance, and colon cell health.<sup>3</sup> Promotes healthy intestinal cellular integrity and enhances the protective mucosal lining with L-glutamine, an important energy source for the G.I. tract in times of stress or increased metabolic demand.<sup>4</sup> Enhances healthy G.I. detoxification with fiber and chlorella.<sup>5†</sup>

## SUGGESTED USE

As a dietary supplement, take 3 capsules daily, between meals, with 8-12 oz water, or as directed by a health professional. Daily water intake should be increased when consuming this product.

## STORAGE

Store in a cool, dry place.

## WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

## SOURCE

- Psyllium powder is derived from *Plantago indica* husks
- Flax seed powder is derived from *Linum usitatissimum*
- L-Glutamine is sourced from the fermentation of vegetables
- Aloe vera extract is sourced from the inner fillet of *Aloe barbadensis* and standardized to 10% polysaccharides
- Chlorella powder is derived from *Chlorella pyrenoidosa*

## NOTES

Size 00 caps

Bottle count 120

Order code GIFC1

Bottle size 290 cc

## REFERENCES

1. Jalanka J, et al. *Int J Mol Sci.* 2019 Jan 20;20(2):433.
2. Cunnane SC, et al. *Am J Clin Nutr.* 1995 Jan;61(1):62-8.
3. Canfora EE, et al. *Sci Rep.* 2017 May 24;7(1):2360.
4. Quan ZF, et al. *World J Gastroenterol.* 2004 Jul 1;10(13):1992-4.
5. Kwak JH, et al. *Nutr J.* 2012 Jul 31;11:53.

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## SUPPLEMENT FACTS

3 capsules daily, between meals with 8-12 oz water, or as directed by a health professional. Daily water intake should be increased when consuming this product.

Three (size 00) vegetarian capsules contain:

Calories	5
Total carbohydrate	1 g
Dietary fiber	1 g
Psyllium powder (husk)	1,100 mg
Flax ( <i>Linum usitatissimum</i> ) powder (seed)	400 mg
L-Glutamine (free-form)	500 mg
Aloe vera ( <i>Aloe barbadensis</i> ) extract (inner fillet) (standardized to contain 10% polysaccharides)	100 mg
Chlorella ( <i>Chlorella</i> spp.) powder (cracked cell wall)	100 mg
Other ingredients: vegetarian capsule (cellulose, water)	



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	120	GIFC1

Visit [PureEncapsulationsPro.com](https://PureEncapsulationsPro.com) for more information about our GMO policy.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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