# **DIM Detox**

## Support for detoxification and cellular health<sup>‡</sup>

### INDICATIONS

- Ages 18 and up
- Cellular health and detoxification support<sup>‡</sup>

#### BENEFITS

- Supports phase II detoxification enzyme activity<sup>\*</sup>
- Enhances healthy hormone detoxification through the glucuronidation pathway<sup>t</sup>
- Promotes healthy estrogen metabolism and cell cycle activity<sup>‡</sup>
- Lignans provide support for cellular, heart, breast, bone and cognitive health<sup>‡</sup>
- Offers antioxidant support for cellular protection<sup>‡</sup>

## FEATURES

- Contains BioResponse DIM<sup>®</sup> diindolyImethane complex
- Includes broccoli sprout concentrate (whole plant)
- Made with high-quality vegan ingredients backed by verifiable science

### VERIFIABLE SCIENCE

The glucosinolates in broccoli, including indole-3carbinol and sulforaphane, help support healthy detoxification. BioResponse DIM<sup>®</sup> provides 25 mg per serving of a highly absorbable form of diindolylmethane, an important metabolite of indole-3-carbinol. These compounds promote healthy estrogen metabolism and cell cycle activity.<sup>1,2</sup> Calcium-D-glucarate targets betaglucuronidase enzyme activity, promoting healthy hormone detoxification through the glucuronidation pathway.<sup>3</sup> Lignans, such as 7-hydroxymatairesinol (HMR), are converted in the body to enterolactone. Research indicates that dietary intake of lignans and healthy serum enterolactone levels provide support for cellular, heart, breast, bone and cognitive health.<sup>4,5,6</sup> Silymarin, alpha lipoic acid and N-acetyl-L-cysteine (NAC) act to support phase II detoxification enzyme activity in the liver and offer antioxidant support for cellular protection.7,8,9 Taurine, glycine and methionine promote phase II detoxification pathways and healthy cell metabolism.<sup>10,11,12‡</sup>

#### SUGGESTED USE

As a dietary supplement, take 2 capsules daily, with meals.

#### STORAGE

Store in a cool, dry place.

#### WARNING

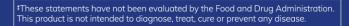
If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

#### SOURCE

- Diindolylmethane complex consists of starch (derived from corn), diindolylmethane, d-alpha tocopheryl succinate, phosphatidylcholine (derived from sunflower) and silica, and is standardized to contain 25% diindolylmethane
- Calcium-D-glucarate is derived from cornstarch and glucose
- Broccoli sprout concentrate (20:1) is derived from Brassica oleracea italica and is standardized to contain a minimum of 400 mcg sulforaphane
- Milk thistle extract is derived from Silybum marianum fruit and is standardized to contain 80% silymarin
- HMRlignan<sup>™</sup> contains 7-hydroxymatairesinol derived from Norway Spruce
- Alpha lipoic acid, glycine, I-methionine and taurine are synthetically derived
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Hypoallergenic plant fiber is derived from pine cellulose

## NOTES

Size 00 caps Bottle count 60 Order code DD6 Bottle size 190 cc



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#### REFERENCES

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## SUPPLEMENT FACTS

Two (size 00) vegetarian capsules contain: BioResponse DIM <sup>®</sup> diindolyImethane complex	100 mg
(complex of starch, diindolylmethane, vitamin E (tocophersol	
phosphatidylcholine and silica) (standardized to contain 25% diindolylmethane)	
Calcium-D-glucarate	100 mg
Broccoli (Brassica oleracea italica) sprout concentrate (whole	100 mg
plant) (standardized to contain a minimum of 400 mcg sulfo	raphane)
HMRlignan <sup>™</sup> (from Norway spruce knot wood) (containing 7-hydroxymatairesinol)	10 mg
Alpha lipoic acid (thioctic acid)	200 mg
N-Acetyl-I-cysteine (free-form)	200 mg
Milk thistle (Silybum marianum) extract (seed) (standardized to contain 80% silymarin)	150 mg
I-Methionine (free-form)	200 mg
Glycine (free-form)	100 mg
Taurine (free-form)	100 mg
Other ingredients: vegetarian capsule (cellulose, water), hypoal plant fiber (cellulose), ascorbyl palmitate	lergenic

HMRlignan<sup>™</sup> is a trademark of Linnea Inc.

BioResponse DIM<sup>®</sup> and DIMPRO<sup>®</sup> are trademarks of BioResponse, L.L.C., Boulder, CO.

This product contains calcium D-glucarate, the use of which is licensed from Applied Food Sciences, Inc. and protected by U.S. Patent 7,662,863.

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DIM Detox

Quantity Order Code

DD6

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