Calcium K/D

Supports bone and cardiovascular health[‡]

INDICATIONS

- Ages 18 and up
- Bone and cardiovascular health support[‡]

BENEFITS

- Promotes healthy bone mineralization[‡]
- Supports healthy vascular elasticity[‡]
- May reduce the risk of osteoporosis[**‡]
- Di-calcium malate provides optimal absorption

FEATURES

- Offers a high elemental level of calcium plus vitamins K_1, K_2 and D_3
- Made with high-quality vegetarian ingredients backed by verifiable science

VERIFIABLE SCIENCE

Calcium K/D combines di-calcium malate with vitamins D and K for optimal bone support and may reduce the risk of osteoporosis[**].[1] Di-calcium malate provides a high percentage of elemental calcium in each dose, fully chelated with the Krebs cycle intermediate malate for optimal absorption.[2] Vitamin D promotes intestinal calcium absorption and reduces urinary calcium loss.[3]
A 7-year study involving over 30,000 women indicates that combined calcium and vitamin D supplementation promotes healthy hip bones.[4] Vitamin K enhances bone formation by carboxylating osteocalcin. This enables osteocalcin to bind to calcium and promote healthy bone mineralization.[5] Adequate intake of vitamin K_1 and K_2 may be especially important for optimal carboxylation in aging individuals.[6] By activating matrix Gla-protein (MGP), vitamin K also helps maintain healthy calcium metabolism in vascular tissues, supporting healthy vascular elasticity.[7‡]

SUGGESTED USE

As a dietary supplement, take 2 capsules, 1-3 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

Vitamin K may be contraindicated with Coumadin (Warfarin). If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood-thinning medication, consult your health professional before use.

SOURCE

- Calcium is derived from the lime of rock. Malate is synthetic
- Vitamin K_1 is synthetic
- Vitamin K_2 (MK-7) is derived from flower extracts geraniol and farnesol
- Vitamin D_3 is derived from lanolin

NOTES

Size 00 caps

Bottle count 180

Order codes CKD1

Bottle size 20 oz

REFERENCES

1. Tang BM, et al. *Lancet*. 2007 Aug 25;370(9588):657-66.
2. Aloia JF, et al. *Am J Clin Nutr*. 2014 Mar;99(3):624-31.
3. Pratibha C, et al. *FASEB*. Apr 2006.
4. Jackson RD, et al. *N Engl J Med*. 2006 Feb 16;354(7):669-83.
5. Braam LA, et al. *Calcif Tissue Int*. 2003 Jul;73(1):21-6.
6. Knapen MH, et al. *Osteoporos Int*. 2013 Sep;24(9):2499-507.
7. Braam LA, et al. *Thromb Haemost*. 2004 Feb;91(2):373-80.

pure encapsulations®

Calcium K/D

Supports bone and cardiovascular health‡

SUPPLEMENT FACTS

2 capsules, 1-3 times daily, with meals.

Two (size 00) vegetarian capsules contain:

Vitamin D (as cholecalciferol) (D_3)	25 mcg (1,000 IU)
Vitamin K (as vitamin K_1)	100 mcg
Calcium (as DimaCal® di-calcium malate)	400 mg
Vitamin K_2 (menaquinione-7)	30 mcg
Other ingredients: vegetarian capsule (cellulose, water)	

DimaCal® is a registered trademark of Albion Laboratories, Inc. U.S. Patent 6,706,904.

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(GF) (NON GMO) (VEG)

Calcium K/D	Quantity	Order Code
	180	CKD1

**When providing adequate calcium throughout life as part of a well balanced diet.

Visit PureEncapsulationsPro.com for more information about our GMO policy.

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