



CholestePure

INTRODUCED 2000

What Is It?

CholestePure is a high purity phytosterol complex. Phytosterols are sterol molecules, similar in structure to cholesterol, which are synthesized by plants and are present naturally in grains, nuts, seeds, fruits and vegetable oils. CholestePure is a broad spectrum balance of the most prized phytosterols, including beta-sitosterol, campesterol, stigmasterol, and brassicasterol.*

Features Include

- A convenient phytosterol source, but without the calories and fat from specialty margarines, spreads, or salad dressings that have incorporated phytosterol esters into them as a result of recent health conscious trends.*
- An enhanced concentration of phytosterols compared to traditional Western diets that only provide about 200 mg phytosterols per day (based on beta-sitosterol content), an amount too low to provide nutritional support.*

Uses For CholestePure

Lipid Metabolism: In studies, phytosterols have demonstrated the ability to maintain proper enzyme function, supporting healthy lipid metabolism.*

Prostate Health: Beta-sitosterol promotes healthy prostate function. This was demonstrated in a 6-month randomized, placebo-controlled double blind study involving 200 participants, and in a 6-month multicentric placebo-controlled double blind trial involving 177 subjects, both conducted in Germany.*

What Is The Source?

CholestePure is a phytosterol complex derived from soybean oil. Each capsule contains (typically) 450 mg total phytosterols and (typically) 230 mg beta-sitosterol, 135 mg campesterol, 82 mg stigmasterol, 1.5 mg brassicasterol and 1.5 mg sitostanol. Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation. Hypo-allergenic plant fiber is derived from pine cellulose. There is no detectable GMO material in this product.

Recommendations

Pure Encapsulations recommends 1-2 capsules with each meal, or as directed by your physician.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Individuals with a sensitivity to soy should avoid this product.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

CholestePure

each vegetable capsule contains	 v 00
phytosterol complex.....	500 mg.
providing (typically):	
total phytosterols	450 mg.
vitamin C (as ascorbyl palmitate)	50 mg.
(hypo-allergenic plant fiber added to complete capsule volume requirement)	
Contains soy	
1-2 capsules with each meal, or as directed by your physician.	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.