



## UltraLean Vegan Vanilla

Serving Size 2 level scoops (40.1 g)  
Servings Per Container 15

	Amount Per Serving
Calories	150
Calories from Fat	35
Total Fat	4 g
Total Carbohydrate	14 g
Dietary Fiber	5 g
Sugars	6 g
Protein	15 g
Vitamin A (retinyl palmitate)	5,000 IU
Vitamin C (ascorbic acid)	60 mg
Vitamin D (cholecalciferol)	400 IU
Vitamin E (D-alpha-tocopheryl acetate)	30 IU
Thiamin (HCl)	2 mg
Riboflavin (riboflavin)	2 mg
Niacin (niacinamide)	20 mg
Vitamin B6 (pyridoxine HCl)	2 mg
Folate (folic acid)	400 mcg
Vitamin B12 (cyanocobalamin)	6 mcg
Biotin	300 mcg
Pantothenic acid (D-calcium pantothenate)	10 mg
Calcium (citrate)	146 mg
Iodine (potassium iodide)	150 mcg
Magnesium (amino acid chelate)	58 mg
Zinc (amino acid chelate)	15 mg
Selenium (selenate)	70 mcg
Copper (sulfate)	2 mg
Manganese (sulfate)	2 mg
Chromium (polynicotinate)	120 mcg
Molybdenum (sodium molybdate)	75 mcg
Sodium	115 mg
Potassium	170 mg
Phaseolamin (White kidney bean extract)	300 mg
Calcium pyruvate	200 mg
Green tea leaf extract (Camellia sinensis)(98% polyphenols)	100 mg
Ornithine alpha keto glutarate	100 mg
Vanadium (amino acid chelate)	25 mcg

**OTHER INGREDIENTS:** Pea protein isolate, coconut oil creamer, Fibersol-2® (resistant maltodextrin), natural flavors, rice protein concentrate, Citrisweet™ sweetener, guar gum, silica, chlorella.

continued on reverse

# ULTRA LEAN VEGAN VANILLA

A FUNCTIONAL FOOD FOR WEIGHT LOSS & BLOOD SUGAR STABILITY\*

- Therapeutic levels of B vitamins
- Contains mineral citrates for mitochondrial support\*
- Nutrients delivered in therapeutic amounts\*
- Specialty nutrients for promoted metabolism and blood sugar balance\*

ULTRALEAN VEGAN VANILLA functional food is designed to enhance fat loss while preserving lean tissue to support healthy body composition. UltraLean functional foods are formulated to support healthy metabolic activity. Stimulants such as ephedra and ma huang are not used. Instead, UltraLean functional foods help promote fat cell metabolism only. That means no jitters, rapid heart rates, insomnia, heart palpitations, prostate swelling, or urinary retention. UltraLean functional foods are designed to be safe and effective.\*

UltraLean Vegan Vanilla provides nutrients for science-based weight loss and blood sugar stability. It is a high-protein, low-carbohydrate, low-fat, multivitamin/mineral, specialty nutrient beverage that can be used long term with a balanced diet and exercise program to achieve your desired body composition goals.\*

**PEA, RICE, AND CHLORELLA PROTEINS** provide a unique and great-tasting protein base. The new UltraLean Vegan Vanilla provides proteins that have a low-allergenic potential and contribute a delicious, creamy consistency your patients will love.

**B VITAMINS** take part in numerous chemical processes, including maintenance of blood sugar balance and assisting in normal cellular metabolism. UltraLean functional foods provide therapeutic levels of B vitamins and can be used as a meal replacement, between meals (for blood sugar balance), or with a small, well-balanced meal to achieve weight loss goals.\*

**SELECTED CITRATE MINERAL CHELATES:** Minerals are critical to health and to the body's ability to properly maintain stable blood sugar levels. However, for minerals to be of any therapeutic benefit, they must be absorbed. Selected minerals in UltraLean functional foods are presented as citrates to support cells' metabolic and enzymatic efficiency.\*

# ULTRA LEAN VEGAN VANILLA

**RECOMMENDED DOSAGE:** As a dietary supplement, blend, shake or briskly stir one serving (two level scoops) into 8 oz. of water or beverage of choice one to three times per day or as directed by your healthcare professional.

All of the ingredients in UltraLean Vegan Vanilla promote metabolism and blood sugar balance.\*

## REFERENCES:

1. Albarracin CA, Fuqua BC, Evans JL, Goldfine ID. Chromium picolinate and biotin combination improves glucose metabolism in treated, uncontrolled overweight to obese patients with type 2 diabetes. *Diabetes Metab Res Rev.* 2008 Jan-Feb;24(1):41-51.
2. Rideout TC, Harding SV, Jones PJ, Fan MZ. Guar gum and similar soluble fibers in the regulation of cholesterol metabolism: current understandings and future reach priorities. *Vasc Health Risk Manag.* 2008;4(5):1023-33.
3. Roebuck JR Jr. et al. Effects of chromium supplementation on serum high density lipoprotein cholesterol levels in men taking beta-blockers. A randomized, controlled trial. *Ann Intern Med.* 1991 Dec 15;115(12):917-24.
4. Schwarz J-M, et al. Thermogenesis in men and women induced by fructose vs glucose added to a meal. *Am J Clin Nutr.* 1989 Apr;49(4):667-74.
5. Williams JA, Lai CS, Corwin H, Ma Y, Maki KC, Garleb KA, Wolf BW. Inclusion of guar gum and alginate into a crispy bar improves postprandial glycemia in humans. *J Nutr.* 2004 Apr;134(4):886-9.
6. Yoon SJ, Chu DC, Juneja LR. Chemical and physical properties, safety and application of partially hydrolyzed guar gum as dietary fiber. *J Clin Biochem Nutr.* 2008 Jan;42(1):1-7.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**CHROMIUM** levels found in the UltraLean functional foods, when consumed two to three times per day, have been shown to be nutritionally beneficial in balancing blood sugar levels, reducing serum triglyceride levels in insulin insensitive individuals, and balancing serum HDL levels. In addition, chromium is considered the key nutrient in glucose tolerance factor (GTF), which researchers believe increases insulin receptor sensitivity and enhances glucose transport into cells. Improving insulin sensitivity is key to enhancing fat cell metabolism and burning triglycerides as a fuel during a weight loss program.\*

**PHASEOLAMIN** is a protein extracted from white kidney beans and is known to have anti-alpha amylase activity. Clinical trials in America, Italy, Japan, and Norway have shown a 66% to 75% reduction in starch absorption when phaseolamin is consumed. Placebo-controlled clinical trials found that overweight individuals consuming phaseolamin as part of their diet lost an average of half a pound per week while the placebo group lost only 0.1 pounds over four weeks.\*

**GUAR GUM** has been added to assist in further flattening of the post-prandial glucose response. Guar gum appears to affect carbohydrate absorption by retarding the emptying of the stomach, inhibiting starch degradation, and reducing glucose absorption in the small intestine.\*

**ALPHA-KETOGLUTARATE** has been traditionally used for preventing muscle protein depletion after surgery or trauma and is included to support muscle protein synthesis.\*

**GREEN TEA** is included as a source of polyphenols and epigallocatechin gallate, shown to be protective against oxidative stress. In addition, green tea is a source of caffeine and has been shown to improve insulin sensitivity and promote metabolism.\*