

JOINT SUPPORT

Joints are formed by encapsulated cartilage interfaces that hold bones together and allow for smooth range of motion. Joint cartilage covers the ends of bones and protects them by reducing friction and absorbing shock.

Keeping joints healthy is important to help maintain a life without physical restrictions. Integrative Therapeutics™ joint support portfolio includes a variety of Glucosamine Sulfate, Chondroitin Sulfate, and Methylsulfonylmethane formulas to meet your patient needs.

These time-tested ingredients provide the foundation for healthy cartilage and connective tissue

- Glucosamine Sulfate (GS), a naturally occurring building block for the synthesis and repair of joint cartilage, has been shown to support joint health in multiple double-blind trials.*¹⁻³
- Chondroitin Sulfate (CS), a key component of the lining of joints, has been shown to support comfort and mobility when taken orally.*⁴⁻⁶
- Methylsulfonylmethane (MSM), a naturally occurring methyl and sulfur donor, has been shown to support healthy connective tissue, including hair, nails, and joints.*^{7,8}



Glucosamine Sulfate®

Glucosamine sulfate (GS) is widely recognized as the preferred, scientifically validated form of glucosamine. Integrative Therapeutics stabilized Glucosamine Sulfate is up to 90% absorbable, making it more readily available in the body to support healthy joint cartilage.*

While most clinical trials have used 500 mg GS taken three times per day, other research shows that GS can be taken 1,500 mg taken once per day, or 750 mg twice per day, with similar benefits.⁹ That is why Integrative Therapeutics offers a range of dosages and forms.

Glucosamine Sulfate (500 mg capsules)

The original, stabilized GS formula with more than a decade of use in clinical practice.

#71786, 60 capsules; #71782, 120 capsules; #71780, 180 capsules; #71787, 240 capsules

Glucosamine Sulfate-750 (extra-strength tablets)

The same great formula, but in a more convenient – two tablets per day – dosage.

#71712, 120 tablets

Glucosamine Sulfate (1,500 mg powder)

An easy-to-use, once-daily, dissolvable powder available unflavored or with a pleasant orange-flavor.

Orange Flavor: #71773, 30 packets; Unflavored: #71763, 30 packets

Glucosamine Sulfate and Chondroitin

Combines stabilized Glucosamine Sulfate (1,500 mg) with marine-sourced Chondroitin Sulfate (1,200 mg) that has an average molecular weight of less than 16,000 daltons—less than half the molecular weight of most chondroitin products. The result is a highly absorbable formula offering superior support for joints and cartilage.*

#77550, 60 tablets

MSM - OptiMSM®

Integrative's MSM provides 1,000 mg of MSM per tablet. It features the OptiMSM brand, a clinically effective form of MSM. This stable, biologically active metabolite of dimethyl sulfoxide (DMSO) supports healthy connective tissue and joint comfort.*

#77589, 90 tablets; #77580, 180 tablets

MSM with Glucosamine Sulfate - OptiMSM

Each capsule combines 250 mg of OptiMSM brand MSM with 500 mg of Glucosamine Sulfate.

#77559, 180 capsules

References

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3. Poolsup N, Suthisisang C, Channark P, Kittikuluth W. *Ann Pharmacother.* 2005;39:1080–7.
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6. Bourgeois P, Chales G, Dehais J, et al. *Osteoarthritis Cartilage.* 1998;6(Suppl A):25–30.
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OptiMSM® is a registered trademark of Bergstrom Nutrition for its patented MSM.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.