

Ultra Protein Plus

Vanilla Plant-based Protein

DESCRIPTION

Ultra Protein Plus, provided by Douglas Laboratories®, is a nutritionally comprehensive plant protein powder that contains all the essential amino acids, as well as a comprehensive blend of vitamins and minerals to support optimal health. Made with yellow pea, a non-allergenic, non-GMO source of protein isolate. Ultra Protein Plus mixes into water or other liquids to create a delicious protein shake with natural flavors and sweeteners. ‡

INDICATIONS

- Ultra Protein Plus is a healthful nutritional protein supplement for individuals who wish to increase their intake of protein and essential nutrients. ‡

FUNCTIONS AND MECHANISM OF ACTION

The plant-sourced protein blend in Ultra Protein Plus supplies essential amino acids as well as nutrients that support healthy muscle. Protein turnover in these systems is continuous and can be substantial. The dynamics of this constant degradation and resynthesis demand a daily supply of dietary protein and their constituent amino acids. Essential or indispensable dietary amino acids must be supplied by the diet, as they are not made de novo by the body. Recent analyses of people’s dietary protein needs suggest that age, stress, metabolic factors and activity level may influence protein requirements. Diets higher in protein and fiber have been associated with healthy weight management†, believed to be due to enhanced satiety and nutrient metabolism. Douglas Laboratories’ Ultra Protein Plus can help satisfy the body’s need for not only the indispensable amino acids, but also for the essential nutrients needed for optimum structure and function of all the body’s systems.‡

FORMULA (#57395)

Each serving: 1 scoop [approx 30 grams] contains:

Calories	110
Total Fat	1 g
Total Carbohydrate	8 g
Dietary Fiber	2 g
Total Sugars	5 g
Includes 5g added sugars	
Protein	16 g
Each serving also provides approximately:	
Vitamin A (as Palmitate/Beta-Carotene)	865 mcg
Vitamin C (as Ascorbic Acid)	260 mg
Vitamin D3 (as cholecalciferol)	10 mcg (400 IU)
Vitamin E (as d-alpha tocopherol acetate)	33.5 mcg
Vitamin B1 (as Thiamine HCl)	24 mg
Vitamin B2 (Riboflavin)	12 mg
Niacin/Niacinamide	43 mg
Vitamin B6	24 mg
(Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	
Vitamin B12 (as methylcobalamin)	25 mcg
Folate (as Metafolin® L-5-MTHF)	333 mcg
Pantothenic Acid (d-Calcium Pantothenate)	50 mg
Biotin	75 mcg
Choline (as choline bitartrate)	20 mg
Calcium (Citrate/Ascorbate/Carbonate Complex)	115 mg
Magnesium (Citrate/Ascorbate/Oxide Complex)	115 mg

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Sodium (from pea protein).....	200 mg
Potassium (as potassium chloride)	20 mg
Zinc (as amino acid chelate)	5 mg
Manganese (as manganese sulfate).....	2.5 mg
Iodine (from Kelp).....	50 mcg
Chromium.....	45 mcg
(as chromium picolinate)	
Selenium (as Selenium Krebs*).....	45 mcg
Molybdenum (as Molybdenum Krebs*)	23 mcg
L-Cysteine/N-Acetyl-L-Cysteine	60 mg
Betaine (as Betaine HCl).....	34 mg
Inositol	23 mg
Citrus Bioflavonoid Complex	23 mg
PABA (Para-Aminobenzoic Acid).....	11 mg
Vanadium (as vanadium Krebs*).....	12 mcg
Boron (as Boron citrate)	300 mcg

*Krebs = Citrate, Fumarate, Malate, Glutarate, and Succinate Complex

Other Ingredients: Pea protein isolate, organic cane sugar, organic vanilla flavor with other natural flavors, organic tapioca maltodextrin, rebaudioside A [stevia extract], monk fruit extract [*Siraitia grosvenorii*].

Gluten-free, Dairy-free, Non-GMO

Typical Amino Acid Profile per serving:

Glutamic Acid.....	2650 mg
Aspartic Acid	1825 mg
Arginine	1375 mg
Lysine	1120 mg
Leucine.....	1295 mg
Phenylalanine	865 mg
Serine	805 mg
Valine	785 mg
Alanine.....	685 mg
Glycine.....	630 mg
Isoleucine	745 mg
Proline	685 mg
Threonine.....	610 mg
Tyrosine	610 mg
Histidine.....	390 mg
Cystine	155 mg
Methionine.....	175 mg
Tryptophan	155 mg

SUGGESTED USE

Adults take one scoop daily, mixed with 8 – 10 ounces of water or other liquid. Blend well.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

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REFERENCES

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For more information on Ultra Protein Plus visit douglaslabs.com

† Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise.

‡ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205
800-245-4440
douglaslabs.com

