

## ULTRA PREVENTIVE® FORMULAS

Ultra Preventive® is the Douglas Laboratories signature line of comprehensive multivitamin/mineral/trace element formulas featuring phytonutrients, Metafolin® methylfolate and bioavailable forms of nutrients in therapeutic dosing options.

15 Ultra Preventive® formulas in tablets or capsules are available to choose from in order to meet the personalized nutrient needs of your patients.†

Formulations	Features	Daily Dose Suggestion
Ultra Preventive® 2 Daily	A two-tablet daily multivitamin/mineral/trace element formula with a fruit and spinach blend, methylfolate, and the antioxidants astaxanthin and pterostilbene (methylated resveratrol).	2 EZ Swallow tablets
Ultra Preventive® III	A comprehensive multivitamin/mineral/trace element formula without the organic fruit and vegetable blend found in Ultra Preventive® X. Multiple versions of this formula are available with or without copper and iron.	6 tablets or capsules
Ultra Preventive® 50+	A two-tablet daily multivitamin/ mineral/trace element formula specially designed for men and women over 50 to support healthy aging, cognition and vision.‡	2 Tablets
Ultra Preventive® Beta	A comprehensive vitamin/mineral/trace element formula with bioavailable forms to support optimal health and wellness.‡	6 Tablets
Ultra Preventive® EZ Swallow	A slightly smaller, easier-to-swallow tablet version of Ultra Preventive® X with less vitamin C, calcium and magnesium, with a natural vanilla coating.	4-8 EZ Swallow tablets
Ultra Preventive® Gummy	Ultra Preventive® Gummy is a tailored blend of 17 essential nutrients, including choline and Metafolin® L-5- methyltetrahydrofolate (L-5-MTHF), enhanced with organic fruits in a convenient, great-tasting, chewable gummy. Ultra Preventive® Gummy uses pure, hypoallergenic ingredients without artificial colors, flavors or preservatives. Each serving contains 2 g of sugar, up to 75% less sugar than other leading professional brands, providing 6-8 g per serving.†‡	Ages 2 to 3, take 2 gummies daily, with a meal. Ages 4 and up, take 4 gummies daily, with meals.
Ultra Preventive® Kids	Vitamins and minerals in great-tasting chewable natural orange or grape-flavored tablets sweetened with stevia and xylitol.	2 chewable tablets
Ultra Preventive® Teen	Designed with teenagers in mind providing comprehensive multivitamin/mineral/trace element formula in small, easy swallow tablets.	6 EZ Swallow tablets
Ultra Preventive® Vision	A comprehensive multivitamin/mineral/trace element formula designed with phytonutrients and carotenoids based on the latest research for vision.‡	4 capsules
Ultra Preventive® X	The signature multivitamin/mineral formula with an organic fruit, vegetable and phytonutrient blend (in tablet or capsule form).	4-8 tablets or capsules