

## TriMag Supreme™

UNIQUE BLEND OF MAGNESIUM FORMULATED TO SUPPORT CARDIOVASCULAR HEALTH\*

FOUNDATIONAL HEALTH

TRIMAG SUPREME

NET WT. 150 G (5.3 OZ

TriMag Supreme<sup>™</sup> is a unique blend of three highly absorbable forms of magnesium designed to support cardiovascular health.\* One serving provides 300 mg of elemental magnesium in an easy-to-mix powder. This product contains three forms of magnesium that may support energy production, heart health, blood vessel function, and healthy blood glucose metabolism.\* It is naturally sweetened with monk fruit and contains no stevia or artificial sweeteners.

Magnesium is an essential mineral that assists in more than 300 biochemical reactions in the body. It is the second most abundant mineral inside cells. Magnesium helps support cardiovascular health in multiple and different ways. Magnesium has been shown to support a healthy inflammatory response, protect against oxidative stress, and support healthy energy levels.\* Additionally, studies have shown that magnesium may help support a healthy response to blood coagulation. Magnesium is also important in helping cellular balance with other minerals, such as calcium and potassium.\*

DIETARY SUPPLEMENT

TriMag Supreme<sup>™</sup> contains forms of magnesium that have been shown to be supportive in cardiovascular health.\* Magnesium orotate contains two components: magnesium and orotic acid. The orotic acid helps bring magnesium into the cells. In addition, orotic acid may help support energy production. Studies have shown that magnesium orotate can help support individuals with certain cardiovascular diseases who are undergoing treatment, and it can also help support a healthy response to exercise.\* Magnesium glycerophosphate has been shown to support heart health in individuals with a history of some heart disease and low magnesium.\*

### Benefits\*

- Supports cardiovascular health
- Blood vessel function
- Healthy blood glucose metabolism
- Metabolism and energy production
- Healthy bone mass
- Muscle function
- Neurological health
- Healthy kidney function

### **Recommended Use**

# As a dietary supplement, take 5 grams (approximately 1 teaspoon) of powder mixed in 8 ounces of water per day, or as directed by your health-care practitioner.

### Highlights

- 300 mg elemental magnesium per serving
- Three unique forms of highly absorbable magnesium
- Blend of 3 Bioavailable Forms of Magnesium
- Delicious, lightly sweetened, citrus flavor
- Naturally sweetened with monk fruit
- Easy-to-mix powder
- Unlikely to cause negative gastrointestinal side effects

#### To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Designs for Health and logo are trademarks of Designs for Health, Inc.© 2021 Designs for Health, Inc. All rights reserved