

# Progest-Avail™

*Ultra-absorbed bioidentical progesterone serum*

Many of the health challenges women face are the result of imbalances in the hormones estrogen and progesterone. In some cases, absolute levels of progesterone are insufficient, while in others, significantly elevated estrogen can induce a relative progesterone deficiency, and raising the progesterone level while also working to reduce excess estrogen may help normalize hormone levels. Fortunately, progesterone supplementation is available in the form of natural bioidentical progesterone—that is, progesterone with the same composition as the progesterone produced by the body. Progest-Avail™ provides bioidentical progesterone in a topical serum, which, unlike oral delivery in the form of pills or capsules, does not need to be metabolized by the liver.

Progest-Avail™ is formulated to be used by women of reproductive age as well as by menopausal and post-menopausal women in order to ease any potential unpleasant effects of hormone imbalances and the normal hormonal fluctuations that occur with aging.

## **Women of Reproductive Age**

Hormone imbalances resulting from inadequate progesterone in women of reproductive age are responsible for many of the uncomfortable issues younger women experience, such as those associated with the menstrual cycle. Supporting progesterone levels in the body may increase the likelihood of a healthy cycle. Additionally, adequate progesterone levels are necessary for a healthy, full-term pregnancy.

## **Menopausal and Post-Menopausal Women**

The natural decline in progesterone levels that occurs with aging may result in hormone imbalances that lead to some of the issues associated with the transition through menopause. Supporting progesterone levels in the body may help make this significant life change more pleasant.

Progest-Avail™ is free of parabens, mineral oil, and petroleum. The progesterone in this product is carried in caprylic/capric triglyceride (from coconut), and contains vitamin E as a natural preservative.

## **Suggested Use**

- Apply 1-2 times per day to smooth skin areas, such as wrists, inner arms or thighs, throat, neck, abdomen or chest, or as directed by a health care practitioner.
- For optimal use, rotate the areas of application; consult with your health care practitioner.

**Note:** Your practitioner will monitor your hormone levels to guide dosing and product usage strategies.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**