

# Organic PurePea™

*Natural, organic pea protein isolate*

Organic PurePea™ is an organic pea protein isolate ideal for providing a convenient and highly digestible protein for those who follow vegetarian or vegan diets, or who have allergies or sensitivities to other proteins, such as whey, casein, soy, or egg.

Organic PurePea™ is a true vegan protein source with high bioavailability. The yellow peas used in this product are certified organic, non-GMO, grown in North America, and are produced via a natural fermentation process that uses no chemical solvents.

## **Organic PurePea™ may benefit:**

- Athletes/bodybuilders sensitive to whey
- Vegetarians or vegans looking to increase protein intake
- People with dairy allergies or lactose intolerance

Each 30-gram serving (approx. 2 scoops) provides 20 grams of protein with just 2 grams of carbohydrate, making Organic PurePea™ a perfect protein supplement for those who may benefit from increased dietary protein but who prefer to keep sugar and starch intake to a minimum. This product contains no sucrose, fructose, or artificial flavors or sweeteners. It's flavored with certified organic stevia leaf extract and organic natural flavors.

## **Amino Acid Profile**

Vegetarian sources of protein sometimes lack a full complement of the essential amino acids—the amino acids the body doesn't synthesize, and which we must get from our diet. Organic PurePea™ has an excellent array of amino acids, including high levels of BCAAs (the branched chain amino acids leucine, isoleucine, and valine), which help support maintenance of muscle mass and repair and recovery after resistance training. While its amino acid profile is similar to whey protein, pea protein is particularly high in arginine, lysine, and phenylalanine. Its well-balanced profile fulfills the essential amino acid requirements outlined by the World Health Organization for adults.

## **Excellent Digestibility**

Organic PurePea™ has excellent digestibility. This is a distinct advantage over other vegetarian protein sources, particularly soy, which contains naturally occurring compounds called "anti-nutrients," which interfere with healthy digestion and may cause digestive upset in some people. Soy protein and some other legumes also contain naturally occurring compounds that mimic the effects of estrogen in the body. The yellow peas in this product have low levels of these phytoestrogens and isoflavones, thus minimizing the possible estrogenic effects.

Organic PurePea™ is available in three varieties: unflavored/unsweetened, vanilla, and chocolate.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**