

Olive Leaf Extract

*Multipurpose compound with wide-ranging benefits**

Throughout the centuries many cultures have regarded the olive tree to be a remarkable plant with a wide variety of beneficial properties. You are most likely familiar with olives and olive oil as food products. In particular, the monounsaturated fats and beneficial phytochemicals in olive oil are believed to be responsible for some of the noted health benefits of consuming a Mediterranean-style diet. (The sting or mild burning sensation at the back of your throat when consuming a robust olive oil is indicative of the presence of these compounds.) However, the olive tree provides useful components beyond its fruit and the oil it produces. Olive leaves contain many of the same compounds found in the oil, and when concentrated into extracts, these may have a wide range of positive impacts on our health.

What makes olive leaf extract so powerful?

Oleuropein is the substance in olive leaf extract that's responsible for many of its beneficial activities and which exhibits the greatest range of helpful properties. Our Olive Leaf Extract is standardized to contain 20% oleuropein, which means that each capsule is guaranteed to have a significant amount of this powerful constituent to ensure its effectiveness. Olive leaves are also rich in antioxidants and have more potent antioxidant activity than green tea. The leaves contain an antioxidant comparable to vitamin E, along with flavonoids such as rutin that also exert powerful antioxidant properties.

Antioxidants are compounds that serve to neutralize or "quench" free radicals in the body. Free radicals are produced during normal metabolic processes and they serve various important functions, but when they are generated in amounts greater than the body is able to effectively manage, they have the potential to damage cells, tissues and blood vessels. The human body synthesizes numerous antioxidant compounds internally but certain circumstances may benefit from providing additional antioxidants from foods or supplements.*

Olive leaf extract (OLE) is most commonly used to support a healthy immune response. Beyond this, similar to olive oil, OLE may help support healthy cardiovascular function and facilitate healthy blood flow. OLE has also been shown to help maintain blood glucose levels already within the normal range.*

Recommended Use:

Take one capsule per day or as directed by your health care practitioner.

Benefits*:

- Supports natural immune response to overgrowth of harmful organisms
- Promotes healthy intestinal and respiratory function
- Helps support normal glucose metabolism
- Supports cardiovascular health



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.