

# AllerGzyme™

*Formulated to enhance the digestion of problematic proteins\**

AllerGzyme™ is a potent blend of protein-digesting enzymes formulated to enhance the breakdown of hard-to-digest proteins and reduce the body's inflammatory response to food allergens.\* It is designed to minimize adverse effects from occasional consumption of gluten, dairy, soy, egg, whey, casein, almond, peanut, rice, pea and fish proteins in individuals who are sensitive to them. It is not intended for those with celiac disease, anaphylactic reactions to foods, or with severe allergies to gluten or the other aforementioned foods, but rather, for individuals with milder sensitivities and intolerances who experience unpleasant symptoms after indulging in foods that contain gluten or other-hard-to-digest proteins.

When proteins are not properly digested and fully broken down, intact fragments may be absorbed into the bloodstream, causing the body to mount an inflammatory response to these unexpected proteins. Digestive enzymes that aid in breaking down proteins may help to minimize this.

## **A Product for the Real World**

In an ideal world, we would completely abstain from foods that don't agree with us. But this is a tall order, and even under the best circumstances, traveling, dining out, and the inevitable cross-contamination of foods mean that even when individuals with food sensitivities are especially vigilant about avoiding triggering foods, they may still be exposed to problematic compounds. AllerGzyme™ is an ideal product to use when the origin or composition of a meal is unknown and also for when an occasional "cheat" or "treat" meal is planned.

Estimates suggest non-celiac gluten sensitivity may affect as much as 6% of the U.S. population (18 million people). Total avoidance of gluten may be unrealistic for these individuals so it would be helpful to minimize the potentially uncomfortable effects they might experience after consuming gluten or other foods they have milder sensitivities when participating in social events and occasionally enjoying their favorite foods. AllerGzyme™ may make these occasional dietary detours less problematic.\*

## **Bromelain**

Bromelain is included in this formula as an additional protease (protein-digesting compound). Found in pineapple and related plant species, bromelain helps to break down proteins and also supports a healthy inflammatory response.\*

**Recommended Use:** As a dietary supplement, take one capsule with each protein-containing meal per day, or as directed by your health care practitioner.



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**