

# PurePea™

20 g Pea Protein



FOUNDATIONAL HEALTH



PurePea™ is a pea protein isolate that is delicious and easy to digest. Made from North American-grown yellow peas, PurePea™ is free of dairy and all other animal proteins, making it ideal for even the strictest vegetarians and vegans. The yellow peas are not genetically modified (non-GMO) and are produced with a natural fermentation process that uses no chemical solvents.

Pea protein features a superior digestibility and low allergenic profile compared with other vegetarian protein sources. Pea protein offers a high level of protein and other nutritional benefits; it contains the essential amino acids and may have a well-balanced amino acid profile similar to whey protein.\*

Pea protein, especially in the isolate form, has substantially lower levels of anti-nutritional factors (e.g., phytates, lectins, tannins, oxalates, and trypsin inhibitors) enhancing its digestibility and providing an advantage over other vegetable protein isolates. These anti-nutritional factors may reduce the digestibility of protein and inhibit the absorption of other key micronutrients.

In addition to the amino acid content supporting lean body mass, pea protein may also promote heart health.\* Components of the pea have been shown to help support normal blood glucose metabolism and normal lipid metabolism.\*

## Benefits\*

- Promotes lean body mass
- Helps supports protein status in vegetarians and vegans
- Promotes a healthy body composition
- Supports normal blood glucose and lipid metabolism

## Recommended Use

**Chocolate:** Mix 33 grams (approximately one scoop) in 8 ounces of water or any other beverage per day, or as directed by your health-care practitioner.

**Vanilla and Unflavored:** Mix 30 grams (approximately two scoops) in 8 ounces of water or any other beverage per day, or as directed by your health-care practitioner.

## Highlights

- Naturally fermented, North American-grown, non-GMO yellow peas
- Ideal for individuals on a dairy-free diet or anyone who is looking for a vegetarian protein with superior digestibility
- 20 g of protein per serving with a well-balanced amino acid profile similar to whey protein
- Dairy-free, grain-free, gluten-free, soy-free, and no fructose
- Available in great-tasting chocolate and vanilla flavors, in addition to an unflavored choice
- Good source of iron

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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