

Mood-Stasis™ is a blend of vitamins and herbs that work synergistically to support a calm and positive mental outlook.\* It contains saffron and sceletium extracts, which have been shown to support a normal stress response, along with vitamin B12 and folate.\*

Saffron, derived from the red stigmas of the *Crocus sativus* flower, has a long history of culinary and medicinal uses. Research shows that it may support a positive mental outlook\*, promotes a healthy inflammatory response, and may help support neurotransmitter metabolism.\* Sceltium has a long history of medicinal use by indigenous peoples for relaxation and stress reduction.

Modern research supports its potential to enhance positive mood and cognitive function, support a normal response to stress, and help promote calm without sedative effects.\* Folate and vitamin B12 play important roles in the synthesis and regulation of serotonin and dopamine.\*

## Benefits\*

- Supports a calm and relaxed mood
- May support a positive mental outlook
- Supports a normal stress response
- Supports neurotransmitter balance

## **Recommended Use**

Take 1 capsule per day or as directed by your health-care practitioner

Safr'Inside™ is a trademark of ACTIV'INSIDE.

Zembrin\* is a registered trademark of HG&H Pharmaceuticals (Pty) Limited. US Patent #8,552, 051.

## Highlights

- Safr'Inside<sup>™</sup> saffron extract standardized to contain 3% crocins
- Zembrin<sup>®</sup> sceletium extract standardized to contain a minimum of 0.38% total alkaloids
- Methylated B vitamins for enhanced bioavailability

## To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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