

FemGuard + Balance™

Supports Healthy Female Hormonal Balance*



FemGuard + Balance™ supports hormonal balance with a blend of herbs and nutrients that promote healthy estrogen metabolism including diindolylmethane (DIM), chrysin, and the traditional herbs, black cohosh and chaste tree.* Calcium-D-glucarate promotes the proper elimination of excess estrogens.* Additional nutrients and phytochemicals are included to support the body's antioxidant status and normal detoxification.*

DIM: Promotes the production of the more beneficial 2-hydroxy estrogen metabolites over the potentially toxic estrogen byproducts to support estrogen balance and optimal health.*

Black Cohosh: Supports hormonal balance, especially during menopause, and supporting the normal production of neurotransmitters, including serotonin and dopamine, which also support healthy mood.*

Calcium D-glucarate: Promotes the clearance of estrogen and its metabolites, including the more potentially toxic byproducts to support estrogen balance.*

Chrysin: Supports estrogen metabolism by inhibiting aromatase activity, an enzyme that synthesizes estrogen from testosterone. Chrysin also supports bone health.*

Chaste Tree Extract: Supports estrogen and progesterone levels and promotes dopamine metabolism.*

FemGuard + Balance™ also features nutrients and phytochemicals to further support overall health and estrogen metabolism, including B vitamins, magnesium, resveratrol, epigallocatechin gallate (EGCg), and sulforaphane.*

Benefits*

- Supports healthy estrogen metabolism
- Promotes a healthy inflammatory response
- Supports normal detoxification

Recommended Use

Take 4 capsules per day or as directed by your health-care practitioner.

Warning: Do not use if pregnant, nursing, or planning to become pregnant.

Highlights

- 100 mg of DIM to support estrogen metabolism*
- 100 mg of black cohosh extract standardized to contain 2.5% triterpene glycosides
- 100 mg of broccoli seed extract standardized to contain 6% sulforaphane glucosinolate
- 100 mg of green tea extract standardized to contain 95% polyphenols and 45% EGCg
- 200 mg of chaste tree extract standardized to contain 0.5% agnusides
- Methylated vitamin B12 and folate for enhanced bioavailability
- Calcium in the form of calcium D-glucarate to support estrogen clearance*

ZPTED FGB 08/21

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Designs for Health and logo are trademarks of Designs for Health, Inc. © 2021 Designs for Health, Inc. All rights reserved