

Baxaprin™

*Natural support for occasional back and neck tension**

Baxaprin™ is a revolutionary approach for addressing occasional back and neck discomfort which affects everyone from professional athletes and weekend warriors to those with occasional strain from overuse.* Baxaprin™ is designed to optimize core musculoskeletal physiology to limit stresses on the spine and associated tissues that may lead to pain, stiffness or tension in the back, neck or shoulders.* Unlike most commercially available products intended for this purpose, Baxaprin™ does not just address occasional discomfort after the fact, but instead it helps deal with the underlying foundational causes at the tissue level that may lead to suboptimal functioning in the first place.

How does Baxaprin™ address root causes?

The ingredients in this product help regulate the natural contraction and relaxation of muscles that influence the spine. They also support the neurological actions of the motor neurons that control muscle function. If an individual has insufficient levels of the nutrients required for optimal physiological function of individual muscle cells, adjunct therapies such as physical therapy will likely not be maximally effective.

Calcium, Magnesium and Potassium

These three electrolyte minerals are essential for nerve transmission and the proper contraction and relaxation of muscle fibers; inadequate amounts of any of them may result in occasional muscle tension and stiffness. Calcium, magnesium and potassium are abundant in commonly consumed foods but certain circumstances may warrant supplementation with amounts greater than those which would typically be obtained from diet alone. Although anyone may be at risk for marginal status in one or all of these minerals, individuals who may be at greater risk for muscle injuries—such as athletes or those with jobs that involve repetitive motion, particularly if performed outdoors—may have especially increased need for calcium, magnesium and potassium due to losses in sweat.

Vitamin D

Vitamin D is included in Baxaprin™ based on the demonstrated advantages of vitamin D for helping to alleviate occasional aches in muscles and joints.* Nearly every cell in the body expresses vitamin D receptors, so vitamin D appears to be needed for proper functioning of every organ and tissue system, including muscle cells. Additionally, vitamin D regulates calcium homeostasis in the body, so it's a crucial partner in ensuring the body has the calcium it needs for proper muscle contraction.

May help*:

- Relax muscles
- Decrease musculoskeletal discomfort
- Reduce tension in the back, neck, and shoulders

Valerian, Passion Flower and Lemon Balm

These botanical extracts are recognized for their relaxant properties and have been employed for centuries in various traditional medical approaches. They work mainly via promoting activity of GABA, the body's primary calming neurotransmitter. Occasional psychological stress and tension may exacerbate physical pain, particularly in the back, neck and shoulders.* (The phrase "carrying the weight of the world on your shoulders" is not entirely metaphorical.) Compounds that help alleviate this mental stress may be beneficial for addressing the associated physical tension as well.*

Recommended Use: As a dietary supplement, take six capsules per day with a meal, or as directed by a health care practitioner (divided dosing recommended).



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.