

Pure PaleoMeal®



High quality meal supplement featuring beef protein

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Pure PaleoMeal® is a nutrient-dense meal supplement with complete protein, healthy fats, a very low glycemic impact, and nutrients predominantly in their bioidentical forms. Pure PaleoMeal® is available in delicious chocolate and vanilla flavors, and features HydroBEEF™, a highly concentrated beef protein sourced from animals raised in Sweden without hormones, and fed a diet entirely free of GMO grains, grasses, hay, and/or ensilage. The protein is produced through an exclusive hydrolysis and ultra-filtration process that enables the protein to be hydrolyzed or 'split' into a high concentration of functional peptides. Delivering protein in the form of peptides allows for easier absorption and assimilation.

Highlights of HydroBEEF™ beef protein:

- Ideal for individuals with sensitivity to dairy and/or soy, and for those who prefer to avoid proteins sourced from grains (rice) and legumes (pea). It is a true "Paleo protein."
- Higher content of collagen-specific amino acids, proline and glycine, which may be of particular benefit to athletes, aging individuals, and others who experience wear and tear on joints, ligaments, and connective tissue.
- 97% protein; impressive protein nitrogen score of 101.5, indicating high protein usability.
- No allergens; tested free of hormones and antibiotics.

With its array of vitamins, minerals and other beneficial compounds (such as inositol and choline), Pure PaleoMeal® is an ideal meal supplement with a wide variety of applications. It is the perfect choice to complement any meal that may be lacking in calories and nutrients, or as a quick, convenient, nutrient-dense snack.

Pure PaleoMeal® may also be used as a post-workout protein and nutrient replenishment source, or for individuals recovering from injury or trauma and who may be particularly helped by supplemental protein with the unique bone-and tissue-supporting amino acid profile of beef.

Multiple servings may be used by those with higher calorie needs.

Features of Pure PaleoMeal®:

- Low-carb—10g of carbohydrate per serving, with 6-7g as fiber (in vanilla and chocolate, respectively) for 3-4g net carbs
- Free of sucrose, fructose, and artificial sweeteners; sweetened with stevia extract
- Healthy fats from medium chain triglycerides sourced from coconut and palm oils
- Water-soluble fiber from glucomannan, a polysaccharide from the konjac plant
- Nutrients in highly bioavailable and bioactive forms:
 - o Vitamin C in complete form from acerola fruit; not isolated ascorbic acid
 - o Vitamin A from beta-carotene
 - o Activated B-vitamins—B6 as pyridoxine-5-phosphate; B2 as riboflavin-5-phosphate; folate as 5-methyltetrahydrofolate (from Quatrefolic®) – ideal for individuals with genetic polymorphisms that affect nutrient conversions (e.g., MTHFR)
 - o Zinc, selenium, manganese, chromium & molybdenum in fully chelated form for enhanced stability and bioavailability
 - o Calcium and magnesium bound to malic acid (malate), a Krebs cycle intermediate, which may help support cellular energy generation
 - o Vitamin E as gamma and delta tocotrienols from annatto

As a low-calorie, high-protein, high-fiber, nutrient-dense meal supplement, Pure PaleoMeal® may be beneficial for:

- Weight management
- Healthy blood sugar
- Sustained satiety
- Weight training & muscle building

Pure PaleoMeal® Vanilla

Supplement Facts			
Serving Size 32 grams (approx. one scoop)			
Servings Per Container 15			
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	110	Calcium	100 mg 10%
Calories from Fat	20	(as DimaCal® Di-Calcium Malate)	
Total Fat	2.5 g 4%*	Magnesium	100 mg 25%
Cholesterol	less than 5 mg <2%	(as Di-Magnesium Malate)	
Total Carbohydrate	10 g 3%*	Zinc	5 mg 33%
Dietary Fiber	6 g 24%*	(TRAACS® Zinc Bisglycinate Chelate)	
Protein (from HydroBEEF™)	17 g 34%*	Selenium	50 mcg 71%
Vitamin A (as Beta-Carotene)	1250 IU 25%	(as Selenium Glycinate Chelate)	
Vitamin C (as Acerola)	125 mg 208%	Manganese	1 mg 50%
Thiamin (Vitamin B-1)	10 mg 667%	(TRAACS® Manganese Bisglycinate Chelate)	
(as Thiamine Pyrophosphate)		Chromium	50 mcg 42%
Riboflavin (Vitamin B-2)	10 mg 588%	(TRAACS® Chromium Nicotinate Glycinate Chelate)	
(as Riboflavin-5-Phosphate)		Molybdenum	50 mcg 67%
Niacin (Vitamin B-3)	25 mg 125%	(TRAACS® Molybdenum Glycinate Chelate)	
(as Niacin and Niacinamide)		Sodium (from natural sources)	115 mg 5%
Vitamin B-6	10 mg 500%	Choline Dihydrogen Citrate	50 mg †
(as Pyridoxal-5-Phosphate)		Inositol	50 mg †
Folate	100 mcg 25%	Tocotrienols	25 mg †
(as Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt 200 mcg)		(delta, gamma) ††	
Vitamin B-12	50 mcg 833%	Boron (as Bororganic Glycine)	1 mg †
(as Adenosylcobalamin and Methylcobalamin)			
Biotin (as d-Biotin)	100 mcg 33%		
Pantothenic Acid	100 mg 1000%		
(as d-Calcium Pantothenate)			

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Creafill cellulose, natural flavors, medium chain triglycerides, glucomannan, stevia leaf extract.

Pure PaleoMeal® Chocolate

Supplement Facts			
Serving Size 34 grams (approx. one scoop)			
Servings Per Container 15			
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	110	Calcium	100 mg 10%
Calories from Fat	25	(as DimaCal® Di-Calcium Malate)	
Total Fat	3 g 4%*	Iron (from natural sources)	1 mg 6%
Cholesterol	less than 5 mg <2%	Magnesium	100 mg 25%
Total Carbohydrate	10 g 3%*	(as Di-Magnesium Malate)	
Dietary Fiber	7 g 29%*	Zinc	5 mg 33%
Protein (from HydroBEEF™)	17 g 34%*	(TRAACS® Zinc Bisglycinate Chelate)	
Vitamin A (as Beta-Carotene)	1250 IU 25%	Selenium	50 mcg 71%
Vitamin C (as Acerola)	125 mg 208%	(as Selenium Glycinate Chelate)	
Thiamin (Vitamin B-1)	10 mg 667%	Manganese	1 mg 50%
(as Thiamine Pyrophosphate)		(TRAACS® Manganese Bisglycinate Chelate)	
Riboflavin (Vitamin B-2)	10 mg 588%	Chromium	50 mcg 42%
(as Riboflavin-5-Phosphate)		(TRAACS® Chromium Nicotinate Glycinate Chelate)	
Niacin (Vitamin B-3)	25 mg 125%	Molybdenum	50 mcg 67%
(as Niacin and Niacinamide)		(TRAACS® Molybdenum Glycinate Chelate)	
Vitamin B-6	10 mg 500%	Sodium (from natural sources)	200 mg 9%
(as Pyridoxal-5-Phosphate)		Choline Dihydrogen Citrate	50 mg †
Folate	100 mcg 25%	Inositol	50 mg †
(as Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt 200 mcg)		Tocotrienols (delta, gamma) ††	25 mg †
Vitamin B-12	50 mcg 833%	Boron (as Bororganic Glycine)	1 mg †
(as Adenosylcobalamin and Methylcobalamin)			
Biotin (as d-Biotin)	100 mcg 33%		
Pantothenic Acid	100 mg 1000%		
(as d-Calcium Pantothenate)			

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Creafill cellulose, natural flavors, medium chain triglycerides, glucomannan, cocoa powder, stevia leaf extract.



Recommended Use

- (*Vanilla*) As a dietary supplement, mix 32 grams (approx. one scoop) in eight ounces of water or any other beverage per day, or as directed by your health care practitioner.
- (*Chocolate*) As a dietary supplement, mix 34 grams (approx. one scoop) in eight ounces of water or any other beverage per day, or as directed by a health care practitioner.

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